CONTINENTAL HOSPITALS

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DH-P-2026-0048

CDC 2026 | CONTINENTAL DIABETES CONNECT

THEME: WORLD DIABETES DAY 2026

"EARLY ACTION ON DIABETES"

Towards Precision Diabetes Care



2 TGMC CREDIT POINTS

28 November 2026 (Saturday)
9 AM – 5.30 PM

GDR Conference Hall,
Continental Hospitals
Gachibowli, Hyderabad



Chairman's Message

It is my great pleasure to welcome you to the inaugural edition of Continental Diabetes Connect 2026.

Diabetes is not just about managing a number—it is about understanding the person behind it. Two patients may have the same HbA1c, yet their needs, concerns and treatment journeys can be entirely different. That is where precision diabetes care truly begins.

As physicians, we have more therapies, technologies and evidence at our disposal than ever before. But our greatest responsibility remains unchanged: **to translate that knowledge into meaningful, individualized care that makes a difference in the lives of our patients.**

At Continental Hospitals, we believe that the best clinical decisions are born when evidence meets experience, and science meets compassion.

I invite you to bring your questions, challenging cases and experiences to this forum. Let us learn from one another, challenge conventional thinking and leave with insights that can make a difference in our very next patient consultation.

Together, let us move beyond managing diabetes—to transforming diabetes care.

Dr Guru N Reddy
MD, FACG, FACG, FASGE, AGAF
Founder & Chairman
Continental Hospitals

Organizing Committee



Patron



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MD, FACG, FACG, FASGE, AGAF
Founder & Chairman
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INTERNAL MEDICINE & DIABETOLOGY



Dr Shilpa Aralikar
Senior Consultant



Dr Ashish Chauhan
Senior Consultant



Dr Rizvan Ahmed
Senior Consultant



Dr Sujith Chadala
Senior Consultant



Dr Yousef Ali
Senior Consultant



Dr Jagadeesh Kanukuntla
Senior Consultant



Dr V Chandra Shekhar
Senior Consultant, Health Check



Dr Divya Varikallu
Family Physician



Dr Meghana J
Registrar

Residents

Dr V Aishwarya
Dr B Yogendra Reddy
Dr Arun Reddy Yalla
Dr Sakshi Anand Shete

ENDOCRINOLOGY



Dr Sunil Epuri
Consultant



Dr Anudeep Gaddam
Consultant

Senior Residents

Dr A Vishnu Priyan
Dr M Sai Samhitha

DIABETOLOGY



Dr Y Haarika
Consultant



Scientific Programme

TIME	TOPIC	FACULTY	MODERATORS
09:00–09:25	**Evolving Approach to Glycemic Control:** Understanding Latest American Diabetes Association Guidelines	Dr Shilpa Aralikar	Dr J Sreekanth Dr Ravi K Muppidi
09:25–09:50	**The Inpatient Glycemic Journey:** Managing Glycemia in Ward, Surgical, and Critical Care Units	Dr Rizvan Ahmed	Dr Mahesh Marda Dr Rajib Paul
09:50–10:10	**Vaccines & Diabetes:** Are We Missing a Vital Layer of Protection? *(Immunization & Infection Prevention)*	Dr Ashish Chauhan	Dr Binayak Chanda Dr Meeraji Rao D
10:10–10:35	**Meet the Professor:** GLP-1 Therapy – A GP Masterclass	Dr Sunil Epuri	—
10:35–10:55	**The Future of Diabetes Care:** From Continuous Sensing to Intelligent Therapeutics AI *(Wearable Biosensors, Predictive Glucose Analytics & Automated Insulin Delivery)*	Dr Jagadeesh Kanukuntla	Prof Abhishek Subramanian Dr Kalyan Dr Riyaz
10:55–11:20	**Balancing Glycemic Control Against Quality of Life:** The Geriatrics Diabetes Paradox	Dr Sujith Chadala	Dr CH Vasanth Kumar Dr Chandrasekhar V
11:20–11:30	TEA BREAK		
11:30–11:50	**The Metabolic Organ at the Crossroads of Human Disease:** New Hope and Promise *(An Emerging Perspective on Metabolic Disease)*	Dr Guru N Reddy	Dr Raghavendra Yarlagadda Dr Dhiraj Gopal Agrawal
11:50–12:10	**Silencing Aldosterone, Saving Nephrons:** A New Era in Cardiorenal Protection in Diabetes	Dr Dhananjaya K L	Dr Beatrice Anne Dr P S Valli
12:10–12:30	**Is It Truly Diabetes?** Recognising Non-Diabetic Kidney Disease in a Diabetic	Dr Sree Rama Chandra S	Dr Vineet Sakhireddy Prof Dr Sree Bhushan Raju
12:30–12:50	**Anemia in Diabetes Mellitus:** Beyond CKD	Dr S K Gupta	Dr Pradeep K Reddy Dr K Pitchi Reddy

Scientific Programme



TIME	TOPIC	FACULTY	MODERATORS
12:50–01:10	**Hypoglycemia:** The Glycemic Blindspot – When a Good HbA1c Hides a Dangerous Risk *(Silent, Nocturnal & Severe Hypoglycemia)*	Dr Yousef Ali	Dr Rakesh Sahay Dr Srujan
01:10–02:10	LUNCH BREAK		
02:10–02:30	**Role of CT Calcium Score in Cardiovascular Risk Assessment in Diabetes**	Dr Abhishek Mohanty	Dr Naval Chandra Dr K Subba Reddy
02:30–03:00	**The Cardio-Renal Crossroads in Diabetes:** An Interactive Case-Based Session	Dr C V N Murthy Dr Dhananjaya K L Dr Sree Rama Chandra S	Dr Tirumala Naresh Dr Seshivardhan Janjirala
03:00–03:30	**Reframing Weight Loss, Hunger Biology, Innovation:** Semaglutide & Lasting Health	Dr Anudeep Gaddam	Dr Ramesh K N Dr Lily Rodrigues
03:30–04:00	**Lifestyle + Muscle:** The Missing Links in Metabolic Health	Dr Babeesh Chacko Dr Divya Varikallu Ms Aiswarya Raj PR	Dr Arun Reddy Mallu Dr Venkata Siva S Dr M Anuradha Reddy
04:00–04:20	**Diabetic Eye Disease:** Can We Detect Retinal Damage Before Vision Declines? *(Screening, Imaging & Retinal Intervention)*	Dr V Sahiti Priya	Dr Sriram Simakurthy Dr Shruthi Gajula
04:20–04:40	**Diabetic Neuropathy:** What Lies Behind Pain, Burning & Numbness? *(Early Detection, Autonomic Dysfunction & Pain Care)*	Dr Chakradhar Reddy N	Dr Dileep Nandamuri Dr Rahul Konduri
04:40–05:00	**Womb to Community:** Scaling Prevention of Intergenerational Diabetes	Dr Rajeshwari Reddy T	Dr Jaya Sree Reddy Dr Durga Vytla
05:00–05:30	**Extremities in Diabetes – How to Approach Them:** A Case-Based Interactive Session *(Stop the Threat, Save the Limb)*	Dr Raghuveer Reddy D Dr Sahaja Rao A Dr Santosh Gattu	Dr Dilip Gude Dr N Papa Rao
	Felicitation & Vote of Thanks	Shri Raghu N Reddy	

#AllAboutDiabetes

Contact & Registration



For registration and conference enquiries, please reach out to the **Continental Diabetes Connect (CDC) 2026** Organising Team. The programme brings together healthcare professionals and specialists to discuss early intervention, advances in treatment and technology, and how to tailor diabetes care to each patient.

We look forward to welcoming you to CDC 2026!

PHONE / WHATSAPP

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EMAIL

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PAYMENT DETAILS FOR REGISTRATION

BANK DETAILS

Bank of Baroda

CONTINENTAL HOSPITALS PVT LTD

A/C No: **25210400000007**

IFSC Code: **BARB0INDHYD**

Branch: **CFS BRANCH**

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www.continentalhospitals.com/conference/cdc-2026

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SEND YOUR PAYMENT SCREENSHOT AND INFORMATION TO

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